

Baked Salmon

1 Salmon Fillet

1 White Onion sliced on #5 Cone

Orange Zest on #1 Cone

Dill

1 Orange Sliced

2 Roma Tomatoes Sliced

1 Bag of Frozen Medley of Veggies (California Blend)

Place sliced onions on bottom of pan. Lay salmon on top of onions with skin side down. Place orange zest on top of salmon. Sprinkle dill on top to season. If desired, you may add any other seasoning at this time. Place orange slices on top of salmon. Layer with tomato slices. Pour frozen veggies on top. MEDIUM- CLICK-LOW. After turning to low, cook approximately 15-20 minutes. (Approx 30 min. if fish is frozen)