

Broccoli and Cauliflower Salad

Broccoli (shredded on #3 Cone)

Cauliflower (shredded on #3 Cone)

Poppyseed Dressing

So simple and cruciferously healthy! People are shocked how delicious this is when tossed with the Poppy Seed Dressing! Simply cut your vegetables using the #3 Cone and add the dressing. Don't overdo the dressing.