

## **Rice**

1 Part Rice

1½ to 2 Parts Water

1 Tbs Butter per Cup of Rice

Bragg's Liquid Aminos (add as desired)

Place all in MP5 or EOC and select RIC1 setting on probe (for 2 or less cups of Rice) or the RIC2 setting on the probe (for more than 2 cups of Rice). If using BROWN RICE, always use RIC2 setting but do it twice on the RIC2 setting. This BROWN RICE method is something we developed. See NOTE if using EOC.

**NOTE:** If using the EOC, use 3 cups of water to 1 cup of Rice for the 1<sup>st</sup> cup of Rice only. The reason is the surface area heated is larger and there may not be enough water to be absorbed by the Rice.